

## North Shore Keep Well Society

### Winter Class Schedule 2025

SITE	Winter Final Class	January Start Date	Class Time
North Shore Neighbourhood House	Mon. Dec. 22	Mon. Jan. 5	9:30 am
Delbrook Community Centre	Mon. Dec. 22	Mon. Jan. 5	11:00 am
Parkgate Community Centre	Tues. Dec. 16	Tues. Jan. 6	9:30 am
Silver Harbour - <b>Wednesday Class</b>	Wed. Dec. 17	Wed. Jan. 7	9:30 am
West Vancouver Activity Centre	Wed. Dec. 17	Wed. Jan. 7	11:15 am
West Vancouver Kiwanis Centre	Thur. Dec. 18	Thur. Jan. 8	9:30 am
Lynn Woods Kiwanis Centre	Thur. Dec. 18	Thur. Jan. 8	9:30 am
Lions Gate Community Centre	Thur. Dec. 18	Thur. Jan. 8	10:00 am
Silver Harbour - <b>Friday Class</b>	Fri. Dec. 19	Fri. Jan. 9	9:30 am
ZOOM - <b>Monday Class</b>	Mon. Dec. 22	Mon. Jan. 5	9:00 am
ZOOM - <b>Wednesday Class</b>	Wed. Dec. 17	Wed. Jan. 7	9:00 am