



1733 Lions Gate Lane, North Vancouver BC  
Ph: 604-988-7115 X 300 [www.keepwellsociety.ca](http://www.keepwellsociety.ca)  
Registered Charity Number: 897468351 RR0001

## Volunteer Opportunity – Site Coordinator

Position: Volunteer Site Coordinator

Start Date: As soon as possible

The North Shore Keep Well Society is a registered not-for-profit charitable organization, providing opportunities for all seniors to live active, healthy and independent lives, increase their awareness of community resources, connect with the community, and expand their experience of well-being; physically, socially, and intellectually.

We offer seniors on Vancouver's North Shore free drop-in fitness classes in which older adults can learn and practice regular keep well activities. We currently hold 9 exercise classes per week in various locations throughout the North Shore, plus 2 classes on Zoom.

We are currently looking for a Volunteer Site Coordinator who can manage the fitness class activities including greeting and registering participants at the weekly exercise classes, ensuring site is set-up prior to the class and tidied up after, arranging occasional speakers, supervising other site volunteers, and attending occasional site coordinators meetings.

Preferred skills and abilities include:

- Ability to create a welcoming environment
- Good interpersonal skills, especially with seniors
- Genuine interest in seniors
- Reliability

If you are interested in this position, please send your resume to: [keepwell@telus.net](mailto:keepwell@telus.net).

Check out our website for more information: [www.keepwellsociety.ca](http://www.keepwellsociety.ca)