

News & Events

2501, 2019



[West Vancouver Christmas Party Gallery](#)

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West Vancouver Christmas Party

By [kwsociety](#) | January 25th, 2019 | Categories: [News](#) | [0 Comments](#)

We welcome everyone back after a holiday break, including Christmas and New Year Festivities. We now need to renew our energy level. Our programs are all up and running now and we welcome you to come out (and bring your friends). We hope that [...]

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512, 2018

Christmas Party Dates and January Start-up Dates

By [kwsociety](#) | December 5th, 2018 | Categories: [News](#) | [0 Comments](#)

Christmas Party Dates: NSNH

Monday, December 17th

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1009, 2018

Keep Well Demonstration at Capilano Mall

By [kwsociety](#) | September 10th, 2018 | Categories: [News](#) | [0 Comments](#)

Keep Well Week on the North Shore was celebrated from September 17th to 21st. An exercise demonstration at Capilano Mall on Wednesday, September 19th attracted a lot of attention. Thank you to everyone who came and supported us. A big Thank You to Starbucks at [...]

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1009, 2018

Fashion Show October 12th

By [kwsociety](#) | September 10th, 2018 | Categories: [News](#) | [0 Comments](#)

The North Shore Keep Well Society held a major fund raising event of a Fashion Show and Silent Auction at Silver Harbour Centre on October 12, 2018. Escape Travel Wear in Parkgate Shopping Mall has graciously agreed to provide the fashions and most of the [...]

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307, 2018



[Keep Well Volunteer Tea Event - June 2018](#)

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Keep Well Volunteer Tea Event - June 2018

By [kwsociety](#) | July 3rd, 2018 | Categories: [News](#) | [0 Comments](#)

A Volunteer Tea was held on June 20, 2018 to thank all our wonderful Keep Well volunteers. This year it was enjoyed by over 90 energetic volunteers and everyone was able to reconnect with their friends and associates. Board members and several Dignitaries honoured [...]

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2005, 2018



[Site Coordinator for North Shore Neighbourhood House featured during Volunteer Week in April](#)

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Site Coordinator for North Shore Neighbourhood House featured during Volunteer Week in April

By [kwsociety](#) | May 20th, 2018 | Categories: [News](#) | [0 Comments](#)

Elise Shepherd, site coordinator for North Shore Neighbourhood House, and her husband, Stan, were featured in the North Shore news during Volunteer Week in April. Read the full article here: <http://www.nsnews.com/community/couple-keeps-well-through-volunteering-1.23266982>

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