

North Shore Keep Well Legacy Fund



The North Shore Keep Well Society received a bequest from a Keep Well participant in 2017. The funds have been invested and will be professionally managed in order to provide long-term security for all the services provided by Keep Well to our Seniors across the North Shore Communities. We hope to grow this fund so that we can keep our programs running in a fiscally responsible manner, now and in the future.

Although we utilize many, many volunteers, we pay all of our qualified fitness instructors who must be Registered BCRPA exercise instructors (BC Recreation and Parks Association, a regulated body of BC for Fitness Instructors) and part-time coordinator, plus any equipment necessary for the programs.

We are committed to offer the exercise and wellness programs free to our many senior participants and hope to grow this fund so that we can keep our programs running. We appreciate any donation that you will consider to help us grow this Legacy Account for years to come for the benefit of all North Shore Seniors.

To donate or obtain more information please contact:

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