

Membership

Keep Well has approximately 250 people registered as members and the membership fee is still an incredible \$5.00 per year. There are over 10,000 participant visits per year to the North Shore Keep Well. Each week approximately 260 people attend the programs at one of the sites listed below.

- [Delbrook Recreation Centre, North Van](#)
- [Kiwanis Lynn Manor, North Van.](#)
- [North Shore Neighbourhood House, North Vancouver](#)
- [Parkgate Community Centre, North Van.](#)
- [St John's Anglican Church](#)
- [Silver Harbour Seniors Activity Centre, North Van.](#)
- [West Vancouver Seniors Activity Centre, West Van.](#)
- [West Vancouver Kiwanis](#)

Interested in becoming a member? Download the PDF file and submit the form to Keep Well Society Administration or call the Keep Well Office at [604 988 7115](tel:6049887115) ext. 27.

[PDF Membership Application Form](#)